Checklist for Mentor

Mentors are assigned to new members to help acquaint the new Toastmaster and to provide guidance for the new member regarding club roles and their first five speeches. Mentors should review their performance using this checklist and the time-frame on the left. This will let you know what you have accomplished with your mentee and what areas you may want to address in the future.

After	Did You	Definitely	Yes, But More Work Needed	No
1 st week	• Meet with mentee one-on-one to discuss his/her	[]	[]	[]
	immediate concerns or fears?			
	• Discuss first speech in detail? Provide any assistance	[]	[]	[]
	desired, including a "practice run?"			
	• Describe individual meeting roles?	[]	[]	[]
	• Ensure availability to discuss any questions mentee may	[]	[]	[]
	have?			
1 st month	• Draw up a list of agreed-upon learning goals?	[]	[]	[]
	• Indicate the opportunities available for other speaking or	[]	[]	[]
	leadership opportunities (Executive, debates), as well as			
	other aspects of the Toastmasters program?			
2 nd month	• Provide specific feedback regarding mentee's speeches	[]	[]	[]
	and meeting roles?			
	• Work with the mentee as needed to make targetted	[]	[]	[]
	improvements?			
$3^{\rm rd}, 4^{\rm th},$	• Review progress of mentee?	[]	[]	[]
and 5 th	• Identify where growth has occurred and where to continue	[]	[]	[]
months	improvements in future speeches?			
Ongoing	• Ensure presence at meetings at which mentor presented	[]	[]	[]
	speeches? If unavailable, ensure that another seasoned			
	Toastmaster provides individual attention and advice?			
	• Provide positive and motivational support at all times,	[]	[]	[]
	sensitive to the mentee's needs and personality?			
	• Listen carefully and patiently to all questions?	[]	[]	[]

Checklist for Mentee

Mentors are assigned to new members to help acquaint the new Toastmaster and to provide guidance for the new member regarding club roles and their first five speeches. Mentees should review their progress using this checklist and the time-frame on the left. This will let you know what you have accomplished with your mentor and what areas you may want to address in the future.

After	Did You	Definitely	Yes, But More Work Needed	No
1 st week	• Meet with mentor one-on-one to discuss your immediate concerns?	[]	[]	[]
	• Discuss your first speech in detail? If desired, do a "practice run" with the mentor?	[]	[]	[]
	• Raise any questions about individual meeting roles?	[]	[]	[]
	• Contact or phone mentor with any questions or requests for specific guidance?	[]	[]	[]
1 st month	• Draw up a list of learning goals with the mentor?	[]	[]	[]
	• Ask any questions you might have about the Toastmasters program?	[]	[]	[]
2^{nd}	• Receive specific feedback to each of your speeches?	[]	[]	[]
month	• Work with the mentor as needed to make targetted improvements?	[]	[]	[]
$3^{\rm rd}, 4^{\rm th},$	• Review your progress with the mentor?	[]	[]	[]
and 5 th	• Identify and discuss where your personal growth has	[]	[]	[]
months	occurred and where to continue improvements in the remaining five speeches?			
Ongoing	• Make mentor aware of meeting dates when you would be presenting a speech?	[]	[]	[]
	• Present any and all questions or fears without reservation?	[]	[]	[]
	• Remain open to new ideas, and work honestly and patiently with the mentor?	[]	[]	[]